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Telmisartan, Cilnidipine and
Metoprolol Succinate (ER) Tablets

Telmicon™-Trio 25
टेल्मिकोन-ट्रायो 25 TABLETS

10 X 10 Tablets

Composition :

Each film coated bilayer tablet contains:
Telmisartan IP 40 mg
Cilnidipine IP 10 mg
Metoprolol succinate IP 23.75 mg
Eq. to Metoprolol Tartrate 25 mg
(As Extended Release Form)

Excipients q.s.
Colours : Sunset Yellow Lake & Titanium Dioxide IP

Dosage : As directed by the Physician.

Store at a temperature not exceeding 30°C.

Keep all medicine out of reach of children.
Tablet should be swallowed as whole &
not to be chewed or crushed

SCHEDULE H PRESCRIPTION DRUG-CAUTION
Not to be sold by retail without the prescription of a Registered
Medical Practitioner

Warning : When pregnancy is detected Telmisartan should be discontinued as soon as possible as it can cause injury and even death to the developing foetus, when used in pregnancy second and third trimesters of pregnancy

Manufactured by: Mascot Health Series Pvt. Ltd.
AI-Plot No. 52, Sec-6A, IIE, Sidcul,
Haridwar-249403, Uttarakhand.

Brand Name: TELMICON-TRIO 25 MG TAB

Active Ingredients: Telmisartan 40 mg + Cilnidipine 10 mg + Metoprolol 25 mg

Manufactured By: Econ Healthcare Pvt Ltd

Address: 11, First Floor, Science City Road, Sola, Ahmedabad

Phone Number: +91 635-6666-700

Email Address: info@econhealthcare.net

Website: www.econhealthcare.net

General Information About TELMICON-TRIO 25 MG TAB

TELMICON-TRIO 25 MG TAB is a combination of three effective antihypertensive agents: Telmisartan (40 mg), Cilnidipine (10 mg), and Metoprolol (25 mg). Telmisartan is an angiotensin II receptor blocker (ARB), which helps relax blood vessels and lower blood pressure. Cilnidipine is a calcium channel blocker that further relaxes blood vessels and reduces the workload on the heart. Metoprolol is a beta-blocker that helps reduce heart rate and the force of heart contractions, contributing to lower blood pressure and reduced risk of heart-related complications. This combination is used for the treatment of high blood pressure (hypertension) and to prevent cardiovascular issues such as stroke, heart attack, and kidney damage.

Class of Drug:

- **Telmisartan:** Angiotensin II receptor blocker (ARB)
- **Cilnidipine:** Calcium channel blocker
- **Metoprolol:** Beta-blocker

Indications and Uses:

- Treatment of hypertension (high blood pressure)
- Reduces the risk of stroke, heart attack, and kidney damage
- Helps improve overall cardiovascular health
- Reduces the risk of heart-related complications in patients with hypertension

Common Side Effects:

- Dizziness
- Fatigue
- Headache
- Swelling in the lower legs or ankles
- Low blood pressure (hypotension)
- Slow heart rate (bradycardia)

Less Common Side Effects:

- Electrolyte imbalances
- Nausea
- Rash
- Muscle cramps
- Increased potassium levels in the blood
- Shortness of breath or difficulty breathing

Dosing and Administration:

- The recommended dose of TELMICON-TRIO 25 MG TAB is one tablet once a day.
- It is advised to take the tablet at the same time each day, preferably with a glass of water.
- The tablet should be swallowed whole and not crushed or chewed.
- The dosage may be adjusted by your healthcare provider based on individual patient response.

Warnings and Precautions:

- Regularly monitor your blood pressure to ensure the medication is effectively lowering it.

- Avoid excessive potassium intake or potassium supplements unless instructed by your doctor.
 - Use with caution in patients with kidney, liver, or heart disease.
 - Patients should be monitored for electrolyte imbalances or slow heart rate during treatment.
 - Not recommended for use during pregnancy or breastfeeding unless prescribed by your doctor.
 - Caution should be exercised when using this medication in elderly patients.
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Drug Interactions:

- TELMICON-TRIO 25 MG TAB may interact with other antihypertensive drugs, diuretics, beta-blockers, calcium channel blockers, and NSAIDs.
 - Inform your healthcare provider about all medications, including over-the-counter drugs, herbal supplements, or vitamins you are taking.
 - Avoid taking other blood pressure medications or potassium supplements without consulting your doctor.
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Contraindications:

- Hypersensitivity to Telmisartan, Cilnidipine, Metoprolol, or any other component of the medication
 - Severe kidney or liver impairment
 - Severe heart conditions, including heart block or slow heart rate
 - Pregnant or breastfeeding women
 - Children under 18 years of age (unless prescribed by a doctor)
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Dos and Don'ts:**Do:**

- Take the medication exactly as prescribed by your doctor.
- Monitor your blood pressure regularly.
- Inform your doctor if you experience any unusual side effects.

Don't:

- Do not take the tablet with grapefruit or grapefruit juice.
 - Do not stop taking the medication without consulting your doctor.
 - Avoid consuming excessive alcohol while using this medication.
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Before Taking TELMICON-TRIO 25 MG TAB:

- Consult your doctor if you have a history of heart disease, kidney disease, or liver problems.
 - Disclose all other medications you are currently taking, including over-the-counter medicines and herbal supplements.
 - Inform your doctor if you are pregnant, planning to become pregnant, or breastfeeding.
 - Always inform your doctor about any allergies or sensitivities to medication before starting treatment.
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Disclaimer:

This product information is for general informational purposes only and should not replace medical advice. Always follow your doctor's guidance regarding dosage, administration, and any other concerns about your health. Do not change the prescribed dosage without consulting your healthcare provider. The use of this medication should always be monitored by your healthcare provider.

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