



Rx

Telmisartan & Cilnidipine Tablets

Telmicon™-LN 20

टेल्मीकोन-एलएन 20 TABLETS

10 X 10 Tablets

Composition :
Each film coated tablet contains :
Telmisartan IP 40 mg.
Cilnidipine IP 20 mg.
Excipients q.s.
Colour : Titanium Dioxide IP

Dosage : As directed by the Physician.
Store in a cool, dry & dark place.
Protect from direct sunlight & moisture.

Keep the medicine out of reach of children.

SCHEDULE H PRESCRIPTION DRUG :
CAUTION : Not to be sold by retail without the prescription of a Registered Medical Practitioner.

DO NOT USE IN PREGNANCY
Manufactured by:
Mascot Health Series Pvt. Ltd.
At-Plot No. 52, Sec-6A, IIE, Sidcul,
Haridwar-249403, Uttarakhand.

Brand Name: TELMICON-LN 20 MG TAB
Active Ingredients: Telmisartan 40 mg + Cilnidipine 20 mg
Manufactured By: Econ Healthcare Pvt Ltd
Address: 11, First Floor, Science City Road, Sola, Ahmedabad
Phone Number: +91 635-6666-700
Email Address: info@econhealthcare.net
Website: www.econhealthcare.net

General Information About TELMICON-LN 20 MG TAB

TELMICON-LN 20 MG TAB is a combination of two highly effective antihypertensive agents: Telmisartan (40 mg) and Cilnidipine (20 mg). Telmisartan is an angiotensin II receptor blocker (ARB) that helps to relax blood vessels, thereby lowering blood pressure. Cilnidipine, a calcium channel blocker, works by further relaxing the blood vessels and reducing the workload on the heart. This combination of drugs is primarily used to treat high blood pressure (hypertension) and reduce the risk of serious cardiovascular events such as strokes and heart attacks.

Class of Drug:

- **Telmisartan:** Angiotensin II receptor blocker (ARB)
- **Cilnidipine:** Calcium channel blocker

Indications and Uses:

- Treatment of hypertension (high blood pressure)
 - Reduces the risk of stroke, heart attack, and kidney damage
 - Improves overall cardiovascular health
 - Prevents chronic kidney disease in hypertensive patients
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Common Side Effects:

- Dizziness
- Fatigue
- Headache
- Swelling in the lower legs or ankles
- Low blood pressure (hypotension)

Less Common Side Effects:

- Electrolyte imbalances
 - Nausea
 - Rash
 - Muscle cramps
 - Increased potassium levels in the blood
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Dosing and Administration:

- The recommended dose is one tablet of TELMICON-LN 20 MG TAB once a day.
 - Take the tablet at the same time each day, preferably with a glass of water.
 - Do not crush or chew the tablet; swallow it whole.
 - Dosage may be adjusted based on individual patient needs as determined by your healthcare provider.
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Warnings and Precautions:

- Regular blood pressure monitoring is recommended to ensure the medication is effectively lowering blood pressure.
- Avoid excessive potassium intake or potassium supplements unless advised by your doctor.
- Use with caution in patients with kidney, liver, or heart conditions.

- Not recommended for use during pregnancy or breastfeeding unless explicitly prescribed by your doctor.
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Drug Interactions:

- TELMICON-LN 20 MG TAB may interact with other antihypertensive medications, diuretics, and NSAIDs.
 - Do not take other blood pressure medications or potassium supplements without consulting your healthcare provider.
 - Always inform your doctor of all medications you are currently taking, including over-the-counter medicines and herbal supplements.
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Contraindications:

- Hypersensitivity to Telmisartan, Cilnidipine, or any other component of the medication
 - Severe kidney or liver impairment
 - Pregnant or breastfeeding women
 - Children under 18 years of age (unless prescribed by a doctor)
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Dos and Don'ts:

- **Do** take the medication exactly as prescribed by your healthcare provider.
 - **Do** monitor your blood pressure regularly.
 - **Do** avoid consuming grapefruit or grapefruit juice while taking this medication.
 - **Do not** discontinue the medication without consulting your doctor.
 - **Do not** drink alcohol excessively while using this medication.
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Before Taking TELMICON-LN 20 MG TAB:

- Consult your doctor if you have a history of heart disease, kidney disease, or liver problems.
 - Inform your healthcare provider if you are pregnant, planning to become pregnant, or breastfeeding.
 - Disclose all other medications you are currently taking, including over-the-counter medicines and herbal supplements.
 - Discuss any allergies or intolerances with your doctor before starting this medication.
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Disclaimer:

This product information is for general informational purposes only and should not replace medical advice. Always follow your healthcare provider's guidance regarding dosage, administration, and any other health concerns. Never change the prescribed dose without consulting your doctor. Always take this medicine under the supervision of your healthcare provider.

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