

<p>Rx</p> <p>Telmisartan and Hydrochlorothiazide Tablets IP</p> <p>Telmicon®-H</p> <p>टेल्मीसार्टान-एच Tablets</p> <p>Smartdose™ Technology</p> <p>10 x 10 Tablets</p>			
<p>Each uncoated bilayered tablet contains :</p> <p>Telmisartan IP 40 mg</p> <p>Hydrochlorothiazide IP 12.5 mg</p> <p>Excipients q.s.</p> <p>Colour : Red Oxide of Iron</p> <p>Dosage : As directed by the Physician.</p> <p>Storage : Store protected from light & moisture, at a temperature not exceeding 30°C.</p>	<p>Keep all medicines out of reach of children.</p> <p>Warning : When pregnancy is detected, Telmisartan should be discontinued as soon as possible, it can cause injury and even death to the developing fetus, when used during second and third trimesters of pregnancy.</p>		
<p>SCHEDULE H PRESCRIPTION DRUG - CAUTION Not to be sold by retail without the prescription of a Registered Medical Practitioner.</p>	<p>Manufactured by : Pure & Cure Healthcare Pvt. Ltd., (A subsidiary of Rikums Drugs & Pharmaceuticals Ltd.) Plot No. 26A, 27-30, Sector-8A, I.I.E., SIDCUL, Ranipur, Haridwar-249 403, Uttarakhand.</p>		
<p>SCHEDULE G PRESCRIPTION DRUG - CAUTION It is dangerous to take this preparation except under medical supervision.</p>			

Brand Name: TELMICON-H TAB

Composition: Telmisartan 40 mg + Hydrochlorothiazide 12.5 mg

General Information:

TELMICON-H TAB is a combination medication that contains **Telmisartan** (40 mg) and **Hydrochlorothiazide** (12.5 mg). Telmisartan is an **Angiotensin II receptor blocker (ARB)**, while Hydrochlorothiazide is a **thiazide diuretic**. This combination is used to treat high blood pressure (hypertension) and helps lower the risk of heart-related complications, such as heart attack, stroke, and kidney damage.

Class:

- **Telmisartan** – Angiotensin II Receptor Antagonist (ARB)
- **Hydrochlorothiazide** – Thiazide Diuretic

Indications and Uses:

TELMICON-H TAB is prescribed for the management of **hypertension** (high blood pressure). It works by relaxing the blood vessels and decreasing fluid retention, which helps lower blood pressure and prevents complications related to hypertension.

Common Side Effects:

- Dizziness
- Fatigue
- Increased urination

- Low blood pressure
- Headache

Less Common Side Effects:

- Electrolyte imbalance (e.g., low potassium levels)
- Dehydration
- Nausea or vomiting
- Muscle cramps

Doses and Administration:

- The usual recommended dose is **one tablet** taken once daily.
- It is advised to take this medication at the same time each day to help remember.
- Take the tablet with or without food, as directed by your doctor. Do not crush or chew the tablet.

Warnings and Precautions:

- **Pregnancy and breastfeeding:** Consult your doctor before taking TELMICON-H TAB if you are pregnant, planning to become pregnant, or breastfeeding.
- **Kidney or liver problems:** Inform your doctor if you have a history of kidney or liver problems.
- **Electrolyte levels:** Your doctor may monitor your blood pressure and electrolyte levels regularly.
- **Dehydration and low blood pressure:** Avoid dehydration, and ensure adequate fluid intake.

Drug Interactions:

TELMICON-H TAB may interact with other medications, including:

- **Other blood pressure medications**
- **Diuretics**
- **NSAIDs (Non-Steroidal Anti-Inflammatory Drugs)**
- **Lithium**

Inform your doctor of all medications you are currently taking, including prescription, over-the-counter, and herbal supplements.

Contraindications:

- **Allergy to Telmisartan, Hydrochlorothiazide, or any other components of the formulation**
- **Severe kidney problems**
- **Severe liver problems**
- **Pregnancy (second and third trimester)**

- **Breastfeeding**

Dos and Don'ts:

Do's:

- Take this medication as prescribed by your doctor.
- Maintain a healthy diet and lifestyle to support blood pressure management.
- Regularly monitor your blood pressure.

Don'ts:

- Do not exceed the prescribed dosage.
- Do not stop taking the medication without consulting your doctor.
- Avoid alcohol, as it can increase side effects.
- Avoid dehydration and excessive salt intake.

Before Taking TELMICON-H TAB:

- Inform your doctor if you have any allergies, especially to sulfonamide drugs.
- Tell your doctor if you have a history of heart problems, kidney disease, or electrolyte imbalances.
- This medication should not be taken during the second or third trimester of pregnancy.
- Always follow your doctor's advice regarding the dosage and use of this medication.

Quality Assurance:

TELMICON-H TAB is a **quality product from Econ Healthcare Pvt Ltd**, manufactured in compliance with high standards of safety and efficacy. For more information, you can contact us at:

Econ Healthcare Pvt Ltd

Address: 11, First Floor, Science City Road, Sola, Ahmedabad

Phone: +91 635-6666-700

Email: info@econhealthcare.net

Website: www.econhealthcare.net

Disclaimer:

This product information is for general reference. Always follow the instructions provided by your doctor. Do not alter the prescribed dosage. For any concerns or questions, consult your healthcare provider.

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