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**Telmisartan, Amlodipine &
Hydrochlorothiazide Tablets**

Telmicon-AMH

टेलमिकॉन-एएमएच Tablets

10 X 10 Tablets

Composition:

Each film coated tablet contains:
Telmisartan IP 40 mg
Amlodipine Besilate IP
eq. to Amlodipine 5 mg
Hydrochlorothiazide IP 12.5 mg
Colour: Titanium Dioxide IP

Dosage: As directed by the Physician.

Storage:

Store protected from light & moisture,
at a temperature not exceeding 30°C.

Keep all medicines out of reach of children.

Important : Moisture sensitive tablets - do
not remove from strip until immediately
before administration.

Warning : When pregnancy is detected.
Telmisartan should be discontinued as
soon as possible, it can cause injury and
even death to the developing foetus, when
used during second and third trimester
of pregnancy.

SCHEDULE G PRESCRIPTION DRUG - CAUTION
It is dangerous to take this preparation
except under medical supervision.

SCHEDULE H PRESCRIPTION DRUG - CAUTION
Not to be sold by retail without the prescription
of a Registered Medical Practitioner

Brand Name: TELMICON-AMH TAB

Composition: Each tablet contains **Telmisartan 40 mg, Amlodipine 5 mg, and Hydrochlorothiazide 12.5 mg.**

General Information:

TELMICON-AMH TAB is a combination medication containing **Telmisartan**, an **angiotensin II receptor blocker (ARB)**, **Amlodipine**, a **calcium channel blocker (CCB)**, and **Hydrochlorothiazide**, a **thiazide diuretic**. This combination is primarily used to treat **hypertension (high blood pressure)** and to reduce the risk of cardiovascular events, such as heart attacks or strokes, by improving blood flow and lowering blood pressure. It may also be used to treat other heart-related conditions as prescribed by a healthcare provider.

Class:

- **Telmisartan:** Angiotensin II receptor blocker (ARB)
- **Amlodipine:** Calcium channel blocker (CCB)
- **Hydrochlorothiazide:** Thiazide diuretic

Indications and Uses:

TELMICON-AMH TAB is used to manage high blood pressure in patients with or without other related conditions like **diabetes** or **chronic kidney disease**. It helps to reduce the risk of stroke, heart attack, and kidney problems by lowering blood pressure. The combination of three drugs ensures more effective control of blood pressure, especially in patients who may not respond well to single-drug therapy.

Common Side Effects:

- Dizziness
- Swelling in the legs or ankles
- Fatigue
- Headache
- Low blood pressure
- Increased urination

Less Common Side Effects:

- Abnormal heart rhythms
- Lightheadedness or fainting
- Nausea
- Rash
- Muscle cramps

Dosage and Administration:

The usual recommended dose of TELMICON-AMH TAB is one tablet taken once daily, or as prescribed by your doctor. It is generally recommended to take the tablet with or without food, ideally at the same time each day, to help you remember. The dose may be adjusted depending on your blood pressure and specific medical needs.

Warnings and Precautions:

- **Pregnancy and Breastfeeding:** TELMICON-AMH TAB is not recommended during pregnancy, especially during the second and third trimesters, as it may harm the fetus. It should also be avoided while breastfeeding.
- **Kidney or Liver Disease:** Use with caution in patients with kidney or liver problems.
- **Low Blood Pressure:** This medication can lower blood pressure, so it is important to monitor blood pressure regularly.
- **Electrolyte Imbalance:** Hydrochlorothiazide may cause changes in electrolyte levels, so regular blood tests are recommended.

Drug Interactions:

- **Other blood pressure medications:** Combining with other antihypertensives may cause an excessive drop in blood pressure.
- **Nonsteroidal anti-inflammatory drugs (NSAIDs):** May reduce the effectiveness of blood pressure-lowering drugs and increase the risk of kidney problems.
- **Lithium:** Increased risk of lithium toxicity when combined with Telmisartan or Amlodipine.
- **Potassium supplements:** May increase the risk of high potassium levels when used with Hydrochlorothiazide.

Contraindications:

- **Allergy:** Should not be used by individuals who are allergic to any of the components (Telmisartan, Amlodipine, Hydrochlorothiazide).
- **Pregnancy:** Should not be used during pregnancy.
- **Severe kidney or liver impairment:** Not recommended for patients with severe renal or hepatic impairment.
- **Severe dehydration or electrolyte disturbances:** Should be avoided.

Dos and Don'ts:

- **Do** take the tablet exactly as prescribed by your doctor.
- **Do** inform your doctor about any other medications or health conditions, especially if you have kidney disease, liver disease, or a history of heart disease.
- **Do** monitor your blood pressure regularly while using this medication.
- **Don't** stop taking the medication suddenly without consulting your doctor.
- **Don't** take more than the prescribed dose.
- **Don't** take if you are pregnant or breastfeeding without consulting your doctor.

Before Taking TELMICON-AMH TAB:

- Tell your doctor if you have any allergies to Telmisartan, Amlodipine, Hydrochlorothiazide, or any other medications.
- Inform your doctor if you are pregnant, planning to become pregnant, or breastfeeding.
- Provide your doctor with a complete list of all medications you are currently taking, including over-the-counter drugs and supplements.
- Discuss any history of kidney, liver, or heart problems before starting the medication.

Disclaimer:

This product is a **quality medication from Econ Healthcare Pvt Ltd**, designed to effectively manage hypertension and reduce cardiovascular risks. The information provided is for general understanding and must not replace medical advice. Always follow the guidance of your doctor. Do not adjust your dosage without consulting your healthcare provider.

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