



Rx Telmisartan & Amlodipine Tablets IP Telmicon-AM टेल्मीकोन-एम TABLETS 10 X 10 Tablets			
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Composition :
Each film coated tablet contains :
Telmisartan IP 40 mg.
Amlodipine Besylate IP eq. to Amlodipine 5 mg.
Excipients q.s.
Colour : Titanium Dioxide IP
Dosage : As directed by the Physician.
Keep the medicine out of reach of children.

Storage : Store protected from moisture at the temperature not exceeding 30°C.

SCHEDULE H PRESCRIPTION DRUG :
CAUTION : Not to be sold by retail without the prescription of a Registered Medical Practitioner.

DO NOT USE IN PREGNANCY.

Manufactured by: Mascot Health Series Pvt. Ltd.
At-Plot No. 52, Sec-6A, IIE, Sidcul,
Haridwar-249403, Uttarakhand.

Brand Name: TELMICON-AM TAB

Composition: Telmisartan 40 mg + Amlodipine 5 mg

General Information:

TELMICON-AM TAB is a combination of **Telmisartan (40 mg)** and **Amlodipine (5 mg)**. Telmisartan is an **Angiotensin II Receptor Blocker (ARB)**, while Amlodipine is a **Calcium Channel Blocker (CCB)**. This combination is used to treat **hypertension (high blood pressure)** and help prevent complications related to high blood pressure, such as heart attack, stroke, and kidney problems. By combining these two drugs, TELMICON-AM works to relax the blood vessels and reduce the heart's workload, thus lowering blood pressure.

Indications and Uses:

- Treatment of **hypertension (high blood pressure)**
- Reduces the risk of **cardiovascular events** like stroke and heart attack
- Helps prevent **kidney damage** in patients with diabetes and high blood pressure

Common Side Effects:

- Dizziness
- Swelling of the ankles or feet
- Fatigue
- Flushing

- Headache

Less Common Side Effects:

- Heart palpitations
- Nausea or abdominal discomfort
- Shortness of breath
- Cough

Dosage and Administration:

- **Recommended Dose:** One tablet once daily, as prescribed by the healthcare provider.
- **Administration:** Can be taken with or without food.
- **Missed Dose:** If you miss a dose, take it as soon as you remember. If it's near the time for your next dose, skip the missed dose. Do not take two doses at once to make up for a missed dose.

Warnings and Precautions:

- **Kidney and Liver Impairment:** Patients with kidney or liver problems should use TELMICON-AM with caution and under medical supervision.
- **Pregnancy and Breastfeeding:** TELMICON-AM should not be used during pregnancy, especially in the second and third trimesters, as it may harm the fetus. It is not recommended during breastfeeding.
- **Blood Pressure:** This combination may cause a significant drop in blood pressure, particularly when starting treatment or increasing the dose. Regular monitoring is recommended.

Drug Interactions:

- May interact with **diuretics, other antihypertensive medications, and potassium supplements.**
- **NSAIDs** (Non-Steroidal Anti-Inflammatory Drugs) may reduce the blood pressure-lowering effects of TELMICON-AM.
- Inform your doctor about all other medications you are taking to avoid potential interactions.

Contraindications:

- Hypersensitivity to **Telmisartan, Amlodipine**, or any other components of the product
- **Severe liver or kidney impairment**
- **Pregnancy and Breastfeeding**

Dos and Don'ts: Do's:

- Follow the prescribed dosage and schedule.
- Monitor your blood pressure regularly.
- Stay hydrated and eat a balanced diet.

Don'ts:

- Do not take TELMICON-AM if you are pregnant or breastfeeding.
- Avoid alcohol while taking this medication, as it may increase the risk of side effects like dizziness.
- Do not change your dose without consulting your doctor.

Before Taking TELMICON-AM TAB:

- Inform your doctor if you have a history of heart disease, liver or kidney disorders, or if you are planning to become pregnant.
- Discuss any allergies, especially to angiotensin II receptor blockers, calcium channel blockers, or other related medications.
- Consult with your doctor regarding any other medications, including over-the-counter drugs and supplements, you may be taking.

Disclaimer: This is general information about TELMICON-AM TAB. Always consume this medicine according to the guidance of your doctor. Never change the prescribed dose without consulting your healthcare provider.

Econ Healthcare Pvt Ltd

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