



R Telmisartan & Metoprolol Succinate (ER) Tablets		
Telmicon-M 25 टेलमिकॉन-एम २५ Tablets		
10x10 Tablets		
Composition : Each film coated tablet contains : Metoprolol Succinate IP 25 mg. (As extended release form) Telmisartan IP 40 mg. Excipients q.s. Colour : Titanium Dioxide IP	Store in a cool & dry place. Protect from light & moisture Keep the medicine out of reach of children.	
Dosage : As directed by the Physician.	Do not use in pregnancy.	
	SCHEDULE H PRESCRIPTION DRUG CAUTION : Not to be sold by retail without the prescription of a Registered Medical Practitioner.	
	Manufactured by: Mascot Health Series Pvt. Ltd. At-Plot No. 52, Sec-6A, IIE, Sidcul, Haridwar-249403, Uttarakhand.	

Product Name: TELMICON M-25 TAB

Composition: Telmisartan 40mg + Metoprolol 25mg

Manufacturer: Econ Healthcare Pvt Ltd

General Information

TELMICON M-25 TAB is a combination medication containing Telmisartan, an angiotensin receptor blocker (ARB), and Metoprolol, a beta-blocker. This dual-action formulation helps manage high blood pressure (hypertension) and reduce the risk of cardiovascular complications. By lowering blood pressure, it helps prevent stroke, heart attack, and kidney damage.

Class

- **Telmisartan:** Angiotensin II Receptor Blocker (ARB)
- **Metoprolol:** Beta-Blocker

Indications and Uses

- Management of hypertension.
- Prevention of cardiovascular diseases.
- Reduction of heart strain and improvement of heart efficiency.

Common and Less Common Side Effects

- **Common Side Effects:** Dizziness, fatigue, headache, nausea, slow heart rate, and diarrhea.
 - **Less Common Side Effects:** Low blood pressure, swelling of the ankles or feet, and chest discomfort.
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Doses and Administration

- The usual recommended dose is one tablet per day or as prescribed by your doctor.
 - Swallow the tablet whole with water, preferably at the same time each day.
 - Do not crush or chew the tablet.
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Warnings and Precautions

- Avoid abrupt discontinuation to prevent rebound hypertension or heart issues.
 - Monitor blood pressure regularly while using this medication.
 - Use with caution in patients with kidney or liver disorders, diabetes, or a history of heart failure.
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Drug Interactions

- May interact with other antihypertensives, diuretics, or NSAIDs.
 - Avoid alcohol as it can amplify side effects like dizziness or drowsiness.
 - Inform your doctor about all medications you are taking to avoid potential drug interactions.
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Contraindications

- Known hypersensitivity to Telmisartan, Metoprolol, or any other components of the formulation.
 - Severe liver impairment or heart block.
 - Not recommended during pregnancy or breastfeeding.
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Dos and Don'ts

- **Do:**
 - Follow your doctor's instructions regarding dosage and duration.
 - Maintain a healthy diet and exercise routine.

- **Don't:**
 - Skip doses or double the dose if you miss one.
 - Self-adjust the dosage without consulting a doctor.
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Before Taking TELMICON M-25 TAB

- Inform your doctor if you have kidney or liver issues, diabetes, or a history of heart conditions.
 - Discuss any ongoing medications or supplements.
 - Avoid using this medication during pregnancy or breastfeeding unless directed by a doctor.
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About Econ Healthcare Pvt Ltd

TELMICON M-25 TAB is a trusted and high-quality product from **Econ Healthcare Pvt Ltd**, manufactured under stringent quality standards to ensure safety and efficacy.

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Disclaimer

This information is for general understanding only and is not a substitute for medical advice. Always consult your doctor for proper diagnosis and treatment. Do not change or stop your medication without your doctor's guidance.

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