



Rx
**Rosuvastatin and
Fenofibrate Tablets IP**

Recotor®-F
TABLETS

10 x 10 Tablets

रिक्टोर-एफ

Composition :
Each film coated tablet contains:
Rosuvastatin Calcium IP
eq. to Rosuvastatin 10 mg
Fenofibrate IP 160 mg
Colour : Titanium Dioxide IP

Keep out of reach of children.

Dosage :
As directed by the Physician.

Storage :
Store protected from light &
moisture, at a temperature
not exceeding 30°C.

SCHEDULE H PRESCRIPTION
DRUG – CAUTION
Not to be sold by retail without
the prescription of a Registered
Medical Practitioner.

Brand Name: RECOTOR F TAB

Active Ingredients: Rosuvastatin 10mg + Fenofibrate 160mg

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General Information:

RECOTOR F TAB combines two potent medications—Rosuvastatin and Fenofibrate. It is used to manage cholesterol levels and reduce the risk of cardiovascular diseases. Rosuvastatin belongs to the statin class of drugs, while Fenofibrate is a fibrate that helps in lowering triglyceride levels and increasing HDL cholesterol.

Indications and Uses:

- **Hypercholesterolemia:** Treatment for high cholesterol levels.
- **Hypertriglyceridemia:** Reduces elevated triglyceride levels.
- **Cardiovascular Risk Reduction:** Helps prevent heart attacks, strokes, and other cardiovascular diseases.
- **Combined use:** When monotherapy with Rosuvastatin or Fenofibrate is insufficient, this combination offers better control over cholesterol and triglyceride levels.

Common Side Effects:

- Muscle pain or weakness
- Headache
- Nausea and abdominal discomfort
- Elevated liver enzymes
- Fatigue

Less Common Side Effects:

- Joint pain
- Digestive issues, such as diarrhea or constipation
- Rashes or itching

Dosage and Administration:

- Typically taken once daily, with or without food.
- The dosage should be determined by a healthcare professional based on individual needs.
- Do not exceed the prescribed dosage.

Warnings and Precautions:

- Monitor liver function regularly as statins can cause liver damage.
- Muscular issues, including rhabdomyolysis, may occur—seek medical help if unusual muscle pain or weakness develops.
- Avoid alcohol consumption as it may increase the risk of liver damage.
- Should be used with caution in individuals with a history of liver disease, kidney disease, or muscle disorders.

Drug Interactions:

- **Antacids and certain antibiotics** can affect the absorption of Rosuvastatin.
- **Warfarin** (blood thinner) may interact with Fenofibrate, affecting blood clotting.
- Inform your doctor of all medications you are currently taking, including over-the-counter drugs and supplements.

Contraindications:

- Hypersensitivity to Rosuvastatin, Fenofibrate, or any components of the product.
- Active liver disease or unexplained persistent elevations in liver enzymes.
- Pregnant or breastfeeding women should not use this product.
- Severe renal impairment or myopathy.

Dos and Don'ts:

- **Do's:**
 - Follow the dosage recommended by your doctor.
 - Maintain a healthy diet and exercise routine.
 - Regularly check cholesterol and triglyceride levels.
- **Don'ts:**
 - Do not take the medication with alcohol.
 - Avoid grapefruit juice as it can interact with Rosuvastatin.
 - Do not change your dosage without consulting your doctor.

Before Taking:

- Discuss your medical history with your healthcare provider, especially if you have liver or kidney conditions, muscle problems, or a history of stroke.
- Inform your doctor if you are pregnant, planning to become pregnant, or breastfeeding.
- Ensure your doctor is aware of all other medications or supplements you are taking.

Disclaimer:

This product information is intended to provide general information. Always follow the guidance of your healthcare provider regarding the usage of this medication. Do not alter the prescribed dosage without consulting your doctor.

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