

- Cold hands and feet
- Slow heart rate (bradycardia)
- Nausea

Less Common Side Effects:

- Shortness of breath
- Depression
- Sleep disturbances
- Swelling of the ankles or feet
- Weight gain

Doses and Administration:

The recommended dose of METOPROL-50 TAB is 50 mg once daily. The dosage may vary based on the patient's condition and the doctor's guidance. It is important to take the medicine as prescribed by your healthcare provider, with or without food. Never adjust the dose without consulting your doctor.

Warnings and Precautions:

- Do not stop taking this medication suddenly, as it may worsen your condition.
- Caution is needed in patients with a history of asthma, diabetes, or kidney disease.
- Regular monitoring of blood pressure and heart rate is recommended while taking this medication.
- METOPROL-50 TAB may mask symptoms of low blood sugar in diabetic patients, so be cautious.

Drug Interactions:

METOPROL-50 TAB may interact with other medications, including:

- Other blood pressure medications
- Antiarrhythmic drugs
- Insulin or oral diabetic medications
- Non-steroidal anti-inflammatory drugs (NSAIDs)

Make sure to inform your doctor about any other medications you are currently taking to avoid potential interactions.

Contraindications:

Do not take METOPROL-50 TAB if you have:

- Severe bradycardia (slow heart rate)
- Heart block
- Severe heart failure

- Active asthma or chronic obstructive pulmonary disease (COPD)
- Known hypersensitivity to Metoprolol

Dos and Don'ts:**Do:**

- Take the medication as prescribed by your doctor.
- Monitor your heart rate and blood pressure regularly.
- Inform your doctor of any new symptoms or side effects.

Don't:

- Do not stop taking METOPROL-50 TAB without consulting your doctor.
- Do not take the medication if you are allergic to Metoprolol.
- Do not consume alcohol excessively, as it may increase side effects.

Before Taking:

- Always consult your doctor before starting METOPROL-50 TAB, especially if you have any medical conditions such as asthma, diabetes, kidney disease, or a history of heart problems.
- Pregnant or breastfeeding women should consult their doctor before using this medication.

Quality Assurance:

METOPROL-50 TAB is a quality product from **Econ Healthcare Pvt Ltd**, manufactured to the highest standards to ensure safety and efficacy.

Contact Information:

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Disclaimer:

This information is intended to provide general information about METOPROL-50 TAB. Always use this medication under the guidance of your healthcare provider and follow the prescribed dosage. Do not change the prescribed dose without consulting your doctor.

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