



- **Type 2 Diabetes Mellitus:** GIMMY-M2 FORTE TAB is indicated for the treatment of type 2 diabetes in adults, when diet and exercise alone are not sufficient to control blood sugar levels.
- It is primarily used in patients whose blood sugar levels are inadequately controlled with Metformin alone.

#### **Common Side Effects:**

- Nausea
- Diarrhea
- Abdominal discomfort
- Weight gain
- Headache

#### **Less Common Side Effects:**

- Hypoglycemia (low blood sugar)
- Lactic acidosis (a rare but serious condition)
- Dizziness
- Fatigue
- Skin rashes

#### **Dosage and Administration:**

- **Typical Dosage:** One tablet daily, taken with food to reduce gastrointestinal discomfort.
- **Administration:** Swallow the tablet whole with a glass of water. Do not crush or chew the tablet.
- **Adjustments:** Dosage may be adjusted based on individual blood glucose levels and the patient's response to treatment. Follow your doctor's instructions carefully.

#### **Warnings and Precautions:**

- **Risk of Hypoglycemia:** Patients may experience low blood sugar, especially if meals are skipped or irregular. Symptoms of hypoglycemia include sweating, shaking, and dizziness.
- **Lactic Acidosis:** Lactic acidosis is a rare but serious condition that can occur, particularly in those with kidney problems. Seek medical attention immediately if symptoms like muscle pain, difficulty breathing, or dizziness occur.
- **Alcohol Consumption:** Avoid drinking excessive alcohol as it may increase the risk of low blood sugar.
- **Kidney and Liver Function:** Use caution in patients with liver or kidney problems. Regular monitoring of kidney function is recommended.

#### **Drug Interactions:**

- **Insulin or Sulfonylureas:** May increase the risk of hypoglycemia.
- **Diuretics, corticosteroids, or certain blood pressure medications:** May affect blood glucose control.
- **Certain antibiotics:** May interfere with the medication's effectiveness.

**Contraindications:**

- **Hypersensitivity:** Do not take if allergic to Glimepiride, Metformin, or any component of the tablet.
- **Severe Renal or Hepatic Dysfunction:** Not recommended for individuals with severe kidney or liver disease.
- **Diabetic Ketoacidosis or Metabolic Acidosis:** Do not use in patients with these conditions.

**Dos and Don'ts:**

- **Do:** Take the medication exactly as prescribed by your doctor.
- **Do:** Monitor your blood glucose levels regularly.
- **Don't:** Skip doses or alter the dosage without consulting your doctor.
- **Don't:** Consume excessive alcohol while on this medication.

**Before Taking:**

- Inform your doctor if you have any history of kidney, liver, or heart disease.
- Share details about any other medications you are currently taking, including over-the-counter drugs and supplements.
- Let your doctor know if you are pregnant or planning to become pregnant, as this medication may not be suitable during pregnancy.

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**Disclaimer:** This product information is provided for general informational purposes. Always follow the guidance of your doctor regarding the use and dosage of any medication. Do not alter the prescribed dosage without consulting your healthcare provider.

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