



**Common Side Effects:**

- Nausea
- Vomiting
- Diarrhea
- Abdominal discomfort
- Headache

**Less Common Side Effects:**

- Hypoglycemia (low blood sugar)
  - Lactic acidosis (rare but serious)
  - Skin rash
  - Dizziness
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**Doses & Administration:**

- **Recommended Dose:** One tablet daily, preferably with meals, or as prescribed by your doctor.
  - **Administration:** Swallow the tablet whole with a glass of water. Do not crush or chew.
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**Warnings & Precautions:**

- Monitor blood sugar levels regularly while taking this medication.
  - Lactic acidosis is a rare but serious side effect associated with Metformin, particularly in patients with kidney problems or dehydration.
  - Do not use this medication if you have severe kidney or liver disease.
  - Alcohol may increase the risk of low blood sugar and lactic acidosis, so it should be consumed with caution.
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**Drug Interactions:**

- **Insulin or other anti-diabetic drugs** may increase the risk of hypoglycemia when used with GIMMY-M1 TAB.
  - **Corticosteroids, diuretics, and certain blood pressure medications** may interfere with the effectiveness of GIMMY-M1 TAB.
  - **Alcohol** may increase the risk of lactic acidosis and hypoglycemia.
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**Contraindications:**

- Hypersensitivity to Glimiperide, Metformin, or any of the components of the tablet.
  - Severe kidney disease.
  - Severe liver disease.
  - Acute or chronic metabolic acidosis.
  - Pregnancy and breastfeeding.
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#### **Dos and Don'ts:**

- **Do** take the medication regularly as prescribed by your doctor.
  - **Do** monitor blood sugar levels as advised.
  - **Do not** exceed the prescribed dose.
  - **Do not** stop or adjust the medication without consulting your doctor.
  - **Do not** consume alcohol excessively while on this medication.
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#### **Before Taking GIMMY-M1 TAB:**

- Inform your doctor about any pre-existing conditions, including kidney or liver disease, heart conditions, or any allergies.
  - Discuss all the medications you are currently taking, including over-the-counter drugs and supplements.
  - Pregnant or breastfeeding women should consult their healthcare provider before starting treatment.
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#### **Quality Product from Econ Healthcare:**

GIMMY-M1 TAB is a high-quality product manufactured by **Econ Healthcare Pvt Ltd**, ensuring safety and effectiveness in managing type 2 diabetes. Econ Healthcare follows stringent quality control measures to provide you with the best healthcare solutions.

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#### **Econ Healthcare Pvt Ltd**

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#### **Disclaimer:**

This is general information about the product. Always take the medication according to the guidance of your doctor. Do not change the prescribed dosage without consulting your healthcare provider.

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