



Brand Name: ECOVOG-M 0.3 TAB Composition: Voglibose 0.3 mg + Metformin 500 mg SR Manufacturer: Econ Healthcare Pvt Ltd Address: 11, First Floor, Science City Road, Sola, Ahmedabad Phone Number: +91 635-6666-700 Email: info@econhealthcare.net Website: www.econhealthcare.net

General Information:

ECOVOG-M 0.3 TAB is a combination of **Voglibose** (0.3 mg) and **Metformin** (500 mg SR). Voglibose is an alpha-glucosidase inhibitor, while Metformin is a biguanide, both of which are used to help control blood sugar levels. This combination is particularly useful for patients with **Type 2 Diabetes** who are unable to manage their blood sugar through diet and exercise alone.

Class:

- Voglibose: Alpha-glucosidase Inhibitor
- Metformin: Biguanide

Indications and Uses:

ECOVOG-M 0.3 TAB is indicated for the management of **Type 2 Diabetes Mellitus** in conjunction with diet and exercise. It helps to lower blood sugar levels and improve insulin sensitivity, making it effective in managing both postprandial and fasting blood glucose levels.

Common Side Effects:

- Nausea
- Diarrhea
- Flatulence
- Abdominal discomfort
- Weakness

Less Common Side Effects:

- Headache
- Dizziness
- Hypoglycemia (especially when used with other anti-diabetic medications)
- Vitamin B12 deficiency (with prolonged use)
- Lactic acidosis (rare but serious)

Dosage and Administration:

The usual dose of **ECOVOG-M 0.3 TAB** is **one tablet daily**, taken with meals to reduce gastrointestinal upset. The dosage may vary depending on the patient's individual needs and blood sugar levels. It is important to follow your doctor's instructions regarding dose adjustments and frequency.

Warnings and Precautions:

- **Renal Impairment:** Use with caution in patients with kidney problems.
- Liver Dysfunction: Not recommended for patients with severe liver diseases.
- Alcohol Consumption: Excessive alcohol intake should be avoided, as it may increase the risk of lactic acidosis.
- **Pregnancy and Breastfeeding:** Consult your doctor before taking this medication during pregnancy or breastfeeding.

Drug Interactions:

- Insulin and Sulfonylureas: May increase the risk of hypoglycemia.
- **Corticosteroids, Diuretics, and Oral Contraceptives:** May reduce the effectiveness of Metformin.
- Other Diabetes Medications: Adjustments may be necessary to avoid low blood sugar levels.

Contraindications:

- Hypersensitivity to Voglibose, Metformin, or any other ingredient of this product
- Severe renal impairment
- Diabetic ketoacidosis or lactic acidosis
- Liver disorders

Dos and Don'ts:

- **Do** take the medication exactly as prescribed by your doctor.
- **Don't** skip doses, and **don't** change the dosage without medical advice.
- **Do** maintain a healthy diet and exercise routine.
- **Don't** drink excessive alcohol while taking this medication.
- **Do** monitor your blood sugar regularly.

Before Taking:

- Before starting treatment, inform your doctor if you have any history of kidney, liver, or heart disease.
- Inform your doctor of any other medications, including over-the-counter drugs, herbal products, or supplements you are taking.
- Consult your doctor if you are pregnant, planning to become pregnant, or breastfeeding.

Disclaimer:

This product information is intended for general informational purposes only. Always follow your doctor's instructions regarding the use of this medication. Never change your prescribed dose without consulting your healthcare provider.

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