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10 x 10 Tablets

Escitalopram Oxalate and
Clonazepam Tablets IP

Ecotril-Plus
इकोट्रिल-प्लस Tablets
Psychotropic Drug

Composition:

Each film coated tablet contains:

Escitalopram Oxalate IP

eq. to Escitalopram 10 mg

Clonazepam IP 0.5 mg

Excipients q.s.

Colour: Yellow Oxide of Iron, Titanium Dioxide IP

Dosage: As directed by the Physician.

Storage: Store protected from moisture,

at a temperature not exceeding 30°C.

Keep out of reach of children.

**SCHEDULE H PRESCRIPTION
DRUG - WARNING**

To be sold by retail on the
prescription of a Registered
Medical Practitioner only.

Manufactured by:
Biodeal Pharmaceuticals Ltd.
(A WHO-GMP CERTIFIED COMPANY)
Village - Saini Majra, Nalagarh -
Ropar Road, Nalagarh - 174 101,
Distt. Solan, (H.P.), India

Brand Name: ECOTRIL-PLUS TAB

Composition: Clonazepam 0.5mg + Escitalopram 10mg

General Information:

ECOTRIL-PLUS TAB is a combination medication containing **Clonazepam** and **Escitalopram**.

Clonazepam belongs to the **benzodiazepine** class of drugs and is primarily used to treat anxiety and panic disorders, while Escitalopram is an **SSRI (Selective Serotonin Reuptake Inhibitor)** used for depression and anxiety disorders. The combination works synergistically to help manage symptoms of anxiety, panic attacks, and depression.

Indications and Uses:

- Treatment of generalized anxiety disorder (GAD)
- Treatment of panic attacks
- Management of major depressive disorder (MDD)
- Helps alleviate symptoms of anxiety and depression
- Provides relief from excessive worry, agitation, and mood disturbances

Common Side Effects:

- Drowsiness
- Dizziness
- Nausea

- Fatigue
- Dry mouth

Less Common Side Effects:

- Confusion
- Memory problems
- Decreased libido
- Sleep disturbances
- Weight changes

Dosage and Administration:

- The typical dose is **1 tablet daily**, preferably at the same time each day.
- Dosage may be adjusted by your doctor based on individual needs and response.
- It is important to take this medication exactly as prescribed by your doctor.
- Do not abruptly discontinue the medication without consulting your doctor.

Warnings and Precautions:

- Use with caution in individuals with a history of **substance abuse**, liver problems, or **kidney disease**.
- This medication may cause drowsiness or dizziness, affecting your ability to perform tasks requiring alertness, such as driving.
- Alcohol should be avoided while taking ECOTRIL-PLUS TAB, as it can intensify side effects.
- Regular monitoring may be required for people with liver impairment or in those who are elderly.

Drug Interactions:

- **Alcohol:** Increases the sedative effect of Clonazepam and Escitalopram.
- **Other sedatives** or **benzodiazepines:** Additive sedative effects.
- **Antidepressants:** Careful monitoring is needed when combined with other SSRIs, SNRIs, or tricyclic antidepressants.
- **Antifungal medications:** May increase the blood levels of Escitalopram.

Contraindications:

- History of **severe liver disease**
- **Glaucoma**
- **Hypersensitivity** to Clonazepam, Escitalopram, or any of the components of the tablet
- **Pregnancy** and **breastfeeding** (consult your doctor before use)

Dos and Don'ts:

- **Do** take the medication exactly as prescribed.
- **Do** inform your doctor of all medications you are taking.
- **Do** avoid alcohol while taking this medication.
- **Don't** stop taking the medication abruptly without consulting your doctor.
- **Don't** exceed the recommended dose.
- **Don't** drive or operate machinery if you feel drowsy or dizzy.

Before Taking ECOTRIL-PLUS TAB:

- Inform your doctor if you have **liver or kidney disease, glaucoma**, a history of **drug or alcohol addiction**, or if you are pregnant or breastfeeding.
- Discuss any other medications, supplements, or herbal products you are taking to avoid potential interactions.
- It is essential to disclose your complete medical history to your healthcare provider before starting this medication.

Disclaimer:

This information is intended for patient education and should not replace medical advice. Always consult your healthcare provider before starting any new medication and follow your doctor's guidance regarding dosage and use. This is general information about the product, and one must not alter the prescribed dose without consulting a doctor.

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