




Rx Atorvastatin Tablets IP	
 इकोटोर-८०	
10 x 10 Tablets	
Composition : Each film coated tablet contains : Atorvastatin Calcium IP Eq. to Atorvastatin Excipients Colour : Titanium Dioxide IP Dosage : As directed by th Physician. Store protected from light & moisture at a temperature not exceeding 30°C.	80 mg Q.S. Keep medicine out of reach of children SCHEDULE "H" PRESCRIPTION DRUG-CAUTION Not to be sold by retail without the prescription of a Registered Medical Practitioner. <small>Mfg. by :Shantam Pharmaceuticals Pvt. Ltd. 545/2, At. Raikampur, Ta. Katol, Dist.Gandhinagar - 382 721 www.shantampharmaceuticals.com</small>

Brand Name: ECOTOR-80 TAB

Composition: Atorvastatin Calcium 80 mg

General Information

ECOTOR-80 TAB contains **Atorvastatin Calcium 80 mg**, a medication classified under the **statin group** of lipid-lowering agents. It works by inhibiting the enzyme **HMG-CoA reductase**, which is responsible for cholesterol production in the liver. By reducing LDL (bad cholesterol) and triglycerides while increasing HDL (good cholesterol), it lowers the risk of cardiovascular diseases, including heart attack and stroke.

Indications and Uses

- Management of **high cholesterol levels** (Hyperlipidemia).
- Prevention of cardiovascular diseases in patients at high risk.
- Reduces the risk of heart attack, stroke, and other heart-related complications.

Common and Less Common Side Effects

Common Side Effects:

- Headache

- Nausea and vomiting
- Muscle pain or weakness
- Fatigue

Less Common Side Effects:

- Liver enzyme abnormalities
- Abdominal pain
- Allergic reactions like rash or itching
- Dizziness

If any side effects persist or worsen, consult your doctor immediately.

Doses and Administration

- Take **one tablet once daily** or as directed by your doctor.
 - Can be taken with or without food, preferably at the same time each day.
 - Follow a **low-fat diet** and exercise routine for best results.
 - Do not crush or chew the tablet. Swallow it whole with water.
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Warnings and Precautions

- Regularly monitor **liver function tests**.
 - Avoid excessive alcohol consumption.
 - Use with caution in patients with liver or kidney diseases.
 - Pregnant and breastfeeding women should avoid this medication.
 - Report any unexplained muscle pain, weakness, or tenderness to your doctor.
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Drug Interactions

- May interact with other cholesterol-lowering medications, antifungals, and antibiotics.
 - Avoid grapefruit juice, as it may increase the drug's concentration.
 - Inform your doctor about all ongoing medications and supplements before use.
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Contraindications

- Hypersensitivity to Atorvastatin or its components.
- Active liver disease or unexplained persistent liver enzyme elevations.

- Pregnancy and breastfeeding.
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Before Taking ECOTOR-80 TAB

- Inform your doctor if you have a history of liver or kidney disease.
 - Share details about other medications or supplements you are taking.
 - Follow a healthy diet and maintain an active lifestyle to maximize the benefits.
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Do's and Don'ts

Do's:

- Take the medication as prescribed.
- Follow a healthy low-fat diet and regular exercise routine.
- Regularly consult your doctor for cholesterol monitoring.

Don'ts:

- Do not skip or stop the medication without consulting your doctor.
 - Avoid alcohol and grapefruit juice during treatment.
 - Do not exceed the recommended dose.
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Disclaimer:

This information is for educational purposes only and is not a substitute for professional medical advice. Always take **ECOTOR-80 TAB** as prescribed by your doctor. Do not alter or stop the dosage without consulting your healthcare provider.

A Quality Product from Econ Healthcare

Econ Healthcare Pvt Ltd

Address: 11, First Floor, Science City Road, Sola, Ahmedabad

Contact Number: +91 635-6666-700

Email: info@econhealthcare.net

Website: www.econhealthcare.net

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