



Brand Name: ECOTOR-40 TAB

Composition: Atorvastatin Calcium 40 mg

General Information

ECOTOR-40 TAB contains **Atorvastatin Calcium 40 mg**, a lipid-lowering medication belonging to the **statin class** of drugs. It is widely prescribed to manage high cholesterol levels and reduce the risk of cardiovascular diseases such as heart attacks and strokes. Atorvastatin works by inhibiting an enzyme (HMG-CoA reductase) in the liver responsible for cholesterol production, leading to lower LDL (bad cholesterol) and triglyceride levels while increasing HDL (good cholesterol).

Drug Class

Statins (HMG-CoA Reductase Inhibitors).

Indications and Uses

- Treatment of high cholesterol (hypercholesterolemia).
- Management of mixed dyslipidemia.
- Prevention of cardiovascular events like heart attacks and strokes.
- Reducing cholesterol in patients with a family history of heart disease.

Common and Less Common Side Effects

Common Side Effects:

- Headache
- Nausea
- Diarrhea
- Muscle pain or weakness
- Fatigue

Less Common Side Effects:

- Elevated liver enzymes
- Rashes
- Joint pain
- Unexplained muscle tenderness
- Abdominal discomfort

If side effects persist or worsen, consult your doctor immediately.

Doses and Administration

- Take ECOTOR-40 TAB **once daily** or as directed by your doctor.
- It can be taken with or without food.
- Swallow the tablet whole with water.
- Follow your doctor's instructions for dosage based on cholesterol levels and response to treatment.

Warnings and Precautions

- Do not consume alcohol as it can affect liver function.
- Avoid grapefruit juice, as it can interfere with the medication.
- Regular liver function tests may be required during treatment.
- Report any unexplained muscle pain, tenderness, or weakness immediately.
- Use with caution in patients with kidney or liver disorders.

Drug Interactions

- May interact with other cholesterol-lowering drugs (e.g., gemfibrozil).
- Caution with certain antibiotics (e.g., erythromycin, clarithromycin).
- Avoid combining with antifungal medications like itraconazole.
- Inform your doctor about any other medications or supplements you are taking.

Contraindications

- Allergy or hypersensitivity to Atorvastatin or any of its components.
- Active liver disease or unexplained abnormal liver tests.
- Pregnant or breastfeeding women.

Dos and Don'ts

Do:

- Follow your doctor's prescribed dosage.
- Maintain a healthy diet low in cholesterol and fats.
- Exercise regularly and adopt a healthy lifestyle.

Don't:

- Stop taking the medication without consulting your doctor.
- Consume alcohol or grapefruit juice.
- Take ECOTOR-40 TAB if you are pregnant or planning pregnancy.

Before Taking ECOTOR-40 TAB

- Inform your doctor if you have a history of liver or kidney disease.
- Discuss any ongoing medications, including herbal supplements.
- Inform your doctor if you are pregnant, breastfeeding, or planning pregnancy.

Why Choose ECOTOR-40 TAB

ECOTOR-40 TAB is a **quality product** from **Econ Healthcare Pvt Ltd**, ensuring effective management of cholesterol and cardiovascular health.

For more information, contact:

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Disclaimer:

This information is for educational purposes only and not a substitute for medical advice. Always take ECOTOR-40 TAB as prescribed by your doctor. Do not change or discontinue your medication without consulting your healthcare provider.

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