



Rx  
**ATORVASTATIN TABLETS IP 20 MG**  
**ECOTOR<sup>®</sup>-20**  
इकोटोर-20 Tablets  
10 x 10 Tablets


**Composition :**  
Each film coated tablet contains:  
Atorvastatin Calcium IP 20 mg  
eq. to Atorvastatin  
**Colour :** Titanium Dioxide IP

**Dosage :**  
As directed by the Physician.

**Storage :**  
Store protected from light & moisture,  
at a temperature not exceeding 30°C.

Keep out of reach of children.

**SCHEDULE H PRESCRIPTION  
DRUG - CAUTION**  
Not to be sold by retail without  
the prescription of a Registered  
Medical Practitioner.

## ECOTOR-20 TAB

### Atorvastatin Calcium 20 mg

---

#### General Information

ECOTOR-20 TAB contains **Atorvastatin Calcium 20 mg**, which is classified as a **statin**. It helps in managing high cholesterol levels and reducing the risk of cardiovascular diseases, including heart attacks and strokes. Atorvastatin works by inhibiting HMG-CoA reductase, an enzyme responsible for cholesterol production in the liver.

---

#### Class

- **Statins** (Lipid-lowering agents)

---

#### Indications and Uses

- Management of high cholesterol (Hyperlipidemia)
  - Reduction of LDL (bad cholesterol) and triglycerides
  - Increase in HDL (good cholesterol)
  - Prevention of cardiovascular diseases such as heart attacks, strokes, and angina
  - Recommended in patients with diabetes or other risk factors for cardiovascular diseases
-

## Common and Less Common Side Effects

### Common Side Effects:

- Headache
- Nausea
- Muscle pain or weakness
- Abdominal pain
- Constipation or diarrhea

### Less Common Side Effects:

- Dizziness
- Fatigue
- Liver enzyme abnormalities
- Joint pain
- Skin rash

**Note:** If any side effects persist or worsen, consult your doctor immediately.

---

## Dosage and Administration

- **Dosage:** As prescribed by the doctor, usually once daily.
  - **Administration:** Take the tablet with or without food. Swallow it whole with water.
  - Avoid consuming grapefruit juice, as it can interfere with the drug's effectiveness.
- 

## Warnings and Precautions

- **Liver Function Monitoring:** Regular liver function tests are recommended during treatment.
  - Avoid alcohol consumption as it can increase the risk of liver damage.
  - Inform your doctor if you experience unexplained muscle pain or weakness.
  - Use with caution in patients with kidney disease.
- 

## Drug Interactions

- Avoid combining with other cholesterol-lowering medications without medical advice.
  - Inform your doctor if you are taking antibiotics, antifungal drugs, or anticoagulants.
  - Avoid grapefruit juice as it can interfere with the drug's metabolism.
-

## Contraindications

- Hypersensitivity or allergy to Atorvastatin or any other components of the medication
  - Active liver disease or unexplained elevated liver enzymes
  - Pregnancy and breastfeeding
- 

## Dos and Don'ts

### Dos:

- Take ECOTOR-20 TAB regularly at the same time each day.
- Follow a healthy diet and exercise regimen alongside medication.
- Inform your doctor about all current medications and medical conditions.

### Don'ts:

- Do not skip doses or stop the medication without consulting your doctor.
  - Avoid high-fat and cholesterol-rich foods.
  - Do not consume alcohol excessively.
- 

## Before Taking ECOTOR-20 TAB

- Inform your doctor if you have a history of liver or kidney disease.
  - Discuss any ongoing medications, including supplements or herbal products.
  - Pregnant or breastfeeding women should not use this medicine.
- 

## Quality Product from Econ Healthcare Pvt Ltd

Econ Healthcare Pvt Ltd ensures the highest quality standards for its products.

**Address:** 11, First Floor, Science City Road, Sola, Ahmedabad

**Phone:** +91 635-6666-700

**Email:** [info@econhealthcare.net](mailto:info@econhealthcare.net)

**Website:** [www.econhealthcare.net](http://www.econhealthcare.net)

---

## Disclaimer:

This information is for educational purposes only. Always consult your doctor for medical advice, and do not change or stop your medication without guidance. Follow your doctor's prescription and instructions carefully.

---

**All Rights Reserved to Econ Healthcare**

