



10 x 10 Tablets

 Composition :

 Each film coated tablet contains:

 Atorvastatin Calcium IP

 eq. to Atorvastatin
 10 mg

 Colour : Titanium Dioxide IP

Dosage : As directed by the Physician.

Storage : Store protected from light & moisture, at a temperature not exceeding 30°C.

Keep out of reach of children.

SCHEDULE H PRESCRIPTION
DRUG - CAUTION
Not to be sold by retail without
the prescription of a Registered
Medical Practitioner.

Manufactured by : Pure & Cure Healthcare Pvt. Ltd. (A subsidiary of Akuns Druss & Pharmaceuticals Ltd.) Plot No. 26A, 27-30, Sector-8A, I.I.E., SIDCUL, Ranipur, Haridwar-249 403, Uttarakhand.

# Product Name: ECOTOR-10 TAB Composition: Atorvastatin Calcium 10mg

## **General Information**

ECOTOR-10 TAB contains Atorvastatin Calcium, a statin medication that helps reduce high cholesterol and triglyceride levels in the blood. It belongs to the drug class **HMG-CoA Reductase Inhibitors**. This medication lowers the "bad" cholesterol (LDL) while increasing the "good" cholesterol (HDL), thus supporting cardiovascular health.

#### **Indications and Uses**

- Management of high cholesterol (hyperlipidemia)
- Prevention of cardiovascular diseases like heart attacks and strokes
- Supporting patients with risk factors such as diabetes, hypertension, or obesity

## **Common and Less Common Side Effects**

#### **Common Side Effects:**

- Headache
- Nausea or upset stomach
- Muscle pain or weakness
- Diarrhea

### Less Common Side Effects:

- Allergic reactions like rash or itching
- Elevation in liver enzymes
- Difficulty in breathing

### **Doses and Administration**

- Typically taken once daily, with or without food.
- Dosage may vary depending on your cholesterol levels and doctor's recommendations.
- Always swallow the tablet whole with water, preferably at the same time each day.

### Warnings and Precautions

- Regularly monitor liver function tests while on this medication.
- Avoid consuming excessive alcohol as it may increase the risk of liver problems.
- Inform your doctor if you experience unexplained muscle pain or weakness.

### **Drug Interactions**

- Avoid combining with other cholesterol-lowering drugs (e.g., fibrates) without consulting your doctor.
- May interact with antibiotics, antifungal medications, or blood thinners.

## Contraindications

- Not recommended for patients with liver disease or persistent elevation of liver enzymes.
- Avoid if allergic to Atorvastatin or any of its components.

## Dos and Don'ts

Dos:

- Take the medication as prescribed by your doctor.
- Follow a low-fat, low-cholesterol diet along with regular exercise.

## Don'ts:

- Do not stop taking the medication without consulting your doctor.
- Avoid consuming grapefruit or grapefruit juice, as it may interfere with the medication.

## Before Taking ECOTOR-10 TAB

- Inform your doctor about any pre-existing liver or kidney conditions.
- Discuss if you are pregnant, planning to become pregnant, or breastfeeding.
- Provide a complete list of medications you are currently taking.

## A Quality Product from Econ Healthcare

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**Disclaimer:** This information is for better understanding of the product. Always use this medication under the guidance of your doctor. Do not change or stop the prescribed dosage without consulting your healthcare provider.

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