



CCB-AT TAB

A Quality Product from Econ Healthcare Pvt Ltd

General Information

CCB-AT TAB is a premium product from **Econ Healthcare Pvt Ltd** containing a combination of **Amlodipine 5 mg** and **Atenolol 50 mg**. Amlodipine belongs to the calcium channel blocker class of drugs and helps in relaxing blood vessels, while Atenolol is a beta-blocker that reduces heart rate and blood pressure. Together, they work effectively to control hypertension (high blood pressure) and prevent related cardiovascular complications.

Drug Class

- Amlodipine: Calcium Channel Blocker (CCB)
- Atenolol: Beta-Adrenergic Blocker

Indications and Uses

CCB-AT TAB is indicated for:

- Management of hypertension (high blood pressure)
- Prevention of angina (chest pain)
- Reducing the risk of heart attacks and strokes
- Controlling heart rate in certain conditions like arrhythmia

This dual-action formula helps in long-term blood pressure management and ensures optimal heart health.

Common and Less Common Side Effects

Common Side Effects

- Dizziness
- Headache
- Fatigue
- Swelling in the ankles or feet
- Cold hands and feet

Less Common Side Effects

- Slow heartbeat
- Nausea
- Low blood pressure (hypotension)
- Shortness of breath
- Sleep disturbances

If you experience any severe side effects like chest pain, difficulty breathing, or swelling of the face, discontinue use and consult a doctor immediately.

Doses and Administration

- Dosage: Take as prescribed by your doctor. Typically, one tablet is taken once daily.
- Administration: Swallow the tablet with water, preferably at the same time each day, with or without food. Do not crush or chew the tablet.

- Monitor blood pressure regularly while on this medication.
- Avoid abrupt discontinuation, as it may worsen your condition.
- Use with caution in patients with diabetes, as Atenolol can mask symptoms of low blood sugar.
- Consult your doctor if you have kidney or liver problems, heart conditions, or a history of asthma or bronchospasm.
- Avoid alcohol consumption, as it may increase the risk of side effects like dizziness and low blood pressure.

Drug Interactions

Inform your doctor about any medications you are currently taking, especially:

- Other blood pressure-lowering drugs
- Anti-diabetic medications
- Non-steroidal anti-inflammatory drugs (NSAIDs)
- Digoxin or other heart medications
- Antidepressants or antianxiety medications

Contraindications

- Hypersensitivity to Amlodipine, Atenolol, or any other components of the medication
- Severe bradycardia (slow heart rate)
- Cardiogenic shock
- Severe hypotension (low blood pressure)
- Heart block greater than first degree

Do's and Don'ts

Do's

- Take the medication exactly as prescribed by your doctor.
- Maintain a healthy lifestyle, including a low-sodium diet and regular exercise, to enhance the effectiveness of this medication.
- Inform your doctor if you are pregnant, planning to conceive, or breastfeeding.

Don'ts

• Do not skip doses or stop taking the medication without consulting your doctor.

- Avoid driving or operating heavy machinery if you feel dizzy or drowsy.
- Do not combine with other medications without medical advice to prevent drug interactions.

Before Taking CCB-AT TAB

Before starting this medication, inform your doctor if you:

- Have any existing heart, liver, or kidney conditions
- Are taking any other medications or supplements
- Have a history of asthma or respiratory conditions
- Are pregnant or breastfeeding

Disclaimer

This information is intended for educational purposes only and is not a substitute for professional medical advice. Always take **CCB-AT TAB** under the supervision and guidance of your doctor. Do not change the prescribed dosage without consulting your healthcare provider.

Contact Information

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