



Sodacon (Sodium Bicarbonate 500/1000 mg Tablet)

Product Overview: Sodacon contains Sodium Bicarbonate, a medication commonly used to manage conditions associated with excess stomach acid and to help correct imbalances in body fluids. It is also utilized in various clinical settings to maintain pH balance in the body.

Drug Class:

- **Sodium Bicarbonate:** Antacid and Systemic Alkalizer

Indications and Uses: Sodacon is indicated for:

- Relief from symptoms of heartburn, acid indigestion, and upset stomach due to excess stomach acid.
- Management of metabolic acidosis in certain conditions, such as chronic kidney disease.
- Use as an adjunct in the treatment of certain types of kidney stones.

Dosage and Administration:

- **Adults:** The usual recommended dose is 1-2 tablets (500 mg or 1000 mg) taken 1-2 times daily, or as directed by your healthcare provider.
- **Administration:** Swallow the tablet whole with a glass of water. Do not crush or chew the tablet.
- **Important:** Adhere to your healthcare provider's instructions regarding dosage and treatment duration.

Common Side Effects:

- Mild gastrointestinal discomfort
- Nausea
- Gas and bloating

Less Common Side Effects:

- Electrolyte imbalances (e.g., high sodium levels)
- Swelling of hands or feet
- Muscle twitching
- Confusion

Warnings and Precautions:

- Do not exceed the recommended dosage.
- Inform your healthcare provider of any other medications or supplements you are taking.
- Use with caution in patients with heart disease, high blood pressure, or kidney problems.

- Monitor for symptoms of electrolyte imbalances and report any unusual symptoms to your doctor.

Drug Interactions:

- Sodium Bicarbonate may interact with certain medications, including antibiotics, diuretics, and medications affecting electrolyte levels. Inform your healthcare provider about all medications and supplements you are taking.

Contraindications:

- Hypersensitivity to Sodium Bicarbonate or any component of the product.
- Patients with severe renal impairment or pre-existing electrolyte imbalances.
- Individuals with a history of metabolic alkalosis.

Dos and Don'ts: Dos:

- Take the medication as prescribed by your healthcare provider.
- Maintain a balanced diet and stay hydrated.
- Regularly monitor for symptoms and report any adverse effects to your healthcare provider.

Don'ts:

- Do not exceed the recommended dose.
- Avoid using other antacids or alkalizers without consulting your doctor.
- Do not abruptly discontinue the medication without medical advice.

Before Taking Sodacon:

- Discuss your complete medical history with your doctor, including any allergies, existing health conditions, and current medications.
- Inform your doctor if you are pregnant, planning to become pregnant, or breastfeeding.

Disclaimer: This information is provided for educational purposes only and should not be used for self-medication. Always consult your doctor for appropriate medical advice and treatment. Do not alter the dosage prescribed by your healthcare provider.

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