



<p>Rx</p> <p>Betahistine Tablets IP</p> <p>Blistin-16</p> <p>बलिस्टीन-१६ Tablets</p> <p>10 x 10 Tablets</p>	<p>Blistin-16</p> <p>बलिस्टीन-१६ Tablets</p> <p>Not for children below 12 years</p> <p>SCHEDULE "H" PRESCRIPTION DRUG-CAUTION Not to be sold by retail without the prescription of a Registered Medical Practitioner.</p> <p>Mfg. by: Shantam Pharmaceuticals Pvt. Ltd. 546/2, At: Rakampur, Ta. Kailoi, Dist. Gandhinagar - 382 721 www.shantampharmaceuticals.com</p>
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BLISTIN-16 TAB – Betahistine 16 mg

Brand Name: BLISTIN-16 TAB

Manufacturer: Econ Healthcare Pvt Ltd

General Information:

BLISTIN-16 TAB contains **Betahistine 16 mg**, a medication used primarily to treat symptoms of Meniere's disease, such as dizziness, ringing in the ears (tinnitus), and hearing loss. Betahistine works by improving blood flow in the inner ear, reducing the pressure that can cause vertigo and balance problems.

Drug Class:

Histamine Analog (Antivertigo Agent)

Indications and Uses:

BLISTIN-16 TAB is indicated for the treatment of:

- **Meniere's Disease:** A disorder of the inner ear that causes episodes of vertigo, hearing loss, tinnitus, and a feeling of pressure in the ear.
- **Vertigo:** Associated with balance disorders.
- **Tinnitus:** Persistent ringing or noise in the ears.
- **Hearing Loss:** Related to inner ear issues or Meniere's disease.

Common and Less Common Side Effects:

Common Side Effects:

- Nausea
- Indigestion
- Headache

Less Common Side Effects:

- Allergic skin reactions (e.g., rash, itching)
- Stomach upset
- Bloating

If any side effects persist or worsen, contact your healthcare provider.

Doses and Administration:

BLISTIN-16 TAB should be taken exactly as prescribed by your doctor. The usual dosage may vary based on the condition and individual patient needs.

- **Adults:** 1 tablet (16 mg) taken two to three times daily with food.
- **Maximum dose:** Should not exceed 48 mg daily unless directed by a healthcare provider.

It is important to follow the prescribed course of treatment even if symptoms improve.

Warnings and Precautions:

- **Asthma:** Use with caution in patients with asthma.
- **Gastric Ulcers:** Patients with a history of gastric or duodenal ulcers should inform their doctor before using this medication.
- **Pregnancy and Breastfeeding:** BLISTIN-16 TAB should only be used if clearly needed and after consulting with a healthcare professional.
- **Liver and Kidney Disorders:** Patients with severe liver or kidney dysfunction should consult their doctor before using Betahistine.

Drug Interactions:

BLISTIN-16 TAB may interact with:

- **Antihistamines:** Can reduce the effectiveness of Betahistine.
- **MAO Inhibitors:** These medications used for depression (such as selegiline) may increase the effects of Betahistine.
- **Alcohol:** May enhance the side effects of the drug.

Always inform your healthcare provider about all medications or supplements you are taking to avoid potential interactions.

Contraindications:

- Known hypersensitivity to Betahistine or any of the components in BLISTIN-16 TAB.
- Patients with pheochromocytoma (a rare tumor of the adrenal gland) should not take this medication due to the risk of increased blood pressure.

Dos and Don'ts:

Do's:

- Take the medication with food to prevent stomach discomfort.
- Follow the dosage instructions carefully as prescribed by your doctor.
- Store BLISTIN-16 TAB in a cool, dry place, away from direct sunlight.

Don'ts:

- Do not stop taking BLISTIN-16 TAB without consulting your doctor, even if symptoms improve.
- Avoid taking the medication with antihistamines unless instructed by a healthcare provider.
- Do not exceed the prescribed dose without medical supervision.

Before Taking BLISTIN-16 TAB:

Before taking BLISTIN-16 TAB, inform your doctor if you:

- Have asthma or a history of breathing problems.
- Have a history of stomach ulcers or digestive issues.
- Are pregnant, planning to become pregnant, or breastfeeding.
- Are taking any other medications, including over-the-counter drugs and supplements.

Quality Assurance:

BLISTIN-16 TAB is a high-quality product from **Econ Healthcare Pvt Ltd**, a trusted name in healthcare, ensuring the best standards of production and efficacy.

Contact Information:

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Disclaimer:

This information is intended to provide general knowledge about BLISTIN-16 TAB. Always follow the guidance of your healthcare provider and do not alter the prescribed dosage without consulting your doctor.

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