

## **TELMICON 40**

*Telmisartan 40 mg Tablet*

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### **General Information**

TELMICON 40 contains Telmisartan, which is an angiotensin II receptor blocker (ARB) used primarily for the treatment of hypertension (high blood pressure). It helps in lowering blood pressure, which in turn helps prevent strokes, heart attacks, and kidney problems.

### **Drug Class**

- **Class:** Angiotensin II Receptor Blocker (ARB)

### **Indications and Uses**

- Treatment of hypertension (high blood pressure)
- Reducing the risk of cardiovascular events such as strokes and heart attacks in high-risk patients

### **Common Side Effects**

- Dizziness or lightheadedness
- Fatigue
- Sinus pain or congestion
- Diarrhea

### **Less Common Side Effects**

- Kidney problems
- Increased potassium levels
- Muscle pain
- Upper respiratory infection

### **Dosage and Administration**

- **Usual Adult Dose:** 40 mg once daily
- **Administration:** Can be taken with or without food. Swallow the tablet whole with water.

### **Warnings and Precautions**

- Monitor blood pressure regularly.
- Caution in patients with kidney or liver disease.
- Avoid use during pregnancy as it can harm the fetus.
- May cause dizziness; avoid driving or operating heavy machinery until you know how TELMICON 40 affects you.

## Drug Interactions

- **May interact with:** Other blood pressure medications, potassium supplements, NSAIDs, lithium, and certain diuretics.
- **Note:** Always inform your doctor about any other medications you are taking to avoid potential interactions.

## Contraindications

- Allergy to Telmisartan or any other components of TELMICON 40.
- Pregnancy.
- Severe liver or kidney impairment.

## Before Taking TELMICON 40

- Inform your doctor if you have any history of kidney or liver disease, heart problems, or if you are on a low-salt diet.
- Discuss your pregnancy plans or if you are breastfeeding.
- Mention any other medications, vitamins, or supplements you are taking.

## Dos and Don'ts

### Dos:

- Take the medication exactly as prescribed by your doctor.
- Monitor your blood pressure regularly.
- Maintain a healthy diet and exercise routine.

### Don'ts:

- Do not take more than the prescribed dose.
- Do not stop taking TELMICON 40 without consulting your doctor.
- Avoid alcohol as it can increase certain side effects.

## Quality Assurance

TELMICON 40 is a quality product from **Econ Healthcare Pvt Ltd**.

### Contact Information:

- **Address:** 11, First Floor, Science City Road, Sola, Ahmedabad
- **Phone:** +91 635-6666-700
- **Email:** [info@econhealthcare.net](mailto:info@econhealthcare.net)
- **Website:** [www.econhealthcare.net](http://www.econhealthcare.net)

## Disclaimer

This information is provided for general knowledge about TELMICON 40. It is not a substitute for professional medical advice. Always follow your doctor's guidance and do not change your dosage without consulting your doctor.

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